

White River Families First Coalition

October 23, 2017 Meeting Minutes

Present: Sarah DuBois, Jennie Nicolls, Pat Valentine, Hugh Flint, Jeff Flesner, Antoinette Graham, Joy Cage, Susan Nocella, Eddie Haberkorn, Kristy Shafer, Rene' Popke, Sue Z. Hart, Monica Robbins, Todd Hobart, Marvin Sundstrom, Pat Johnson, Julie Bevaart, Leslie Goldberg, Ashley Jameson, Denyse Walker, Cindy Orcutt, Ann Trullinger, Donn Lewis, Jeri & Art Gamblin, Leah Haugen, Trip Hart, and Monica Gaub.

Let's Make a Deal for Families: Jennie has a gas dryer, twin bed without a mattress, headboard, footboard and desk available. Monica has a twin mattress. Cindy will take the bed and mattress. Cindy needs a smaller kitchen table. Julie has a glass top table to offer.

Knowing Our Communities – Rainier Foothills Wellness Foundation:

Rene' Popke, Executive Director. Serve the greater area, supporting Healthy Community since 1982. Previously known as the Enumclaw Regional Healthcare Foundation. Held first Community Health Summit in 2007. Four areas identified were access to healthcare, mental health, alcohol & drug abuse and domestic violence.

Drug & Alcohol Task Force started in 2011 and Monica Robbins is the Coordinator. In final year of 5 year federally funded grant. Twelve sectors represented on Coalition. Subcommittees include alcohol, marijuana, illicit drugs, and prescription drugs. Use HYS and hospital data. Prevention programs to raise awareness, lower number of youth using, environmental strategies for change, and sustainable stakes for long-term change. Do business compliance checks for alcohol and tobacco, party intervention patrol, drug free workplace campaign, positive community norms campaign, prescription drug take back days (collected over 300 pounds of prescription drugs in three days), and added two permanent drop boxes (QFC Pharmacy, Enumclaw Police Station & Buckley Police Station). Do activities during prevention week at the schools and produced four PSAs that will be seen in the near future. There is a billboard prevention message on Hwy 410 near 410 rentals. Monica Robbins is available to do presentations for organizations and groups.

Care Van is a door to door service for transportation for health care appointments and health-related services. Average ridership 225/mo and crosses county line for health services. 22% are from Pierce County. Made possible through donations and grants. Need more funding to expand service hours. Don't run on observed holidays or weekends.

In 2013, the Hunger Task Force started Neighbors Feeding Neighbors. Volunteers bring hot meals and cold lunches to seniors and disabled community members. Average 37 meals per delivery with average cost of \$5 per meal. Backpack meal program for school children provides approximately 375 packs each Friday at schools and ECEAP in Enumclaw. Run by volunteers at each school. Increases child's attendance, less disruptive behavior and able to better focus. Full Bellies on Thursdays is a free community meal in Enumclaw open to all.

In 2012, the Mental Health Task Force started and Shelly Pricco is the Coordinator. Have NAMI Family to Family class and support groups to cope with a loved one experiencing mental health issues. Provide trauma and crisis intervention training to groups. Shelly provides Mental Health First Aid training for community and Building Resiliency Training provided free to counselors and teachers in school districts. Host special events and suicide prevention programs, and ACEs (Adverse Childhood Experiences) training. Jason DeShaw coming back to Enumclaw in February as last year's event was highly successful.

RFWF helps fill gaps, partners with other organizations and agencies and increases wellness in the community we serve. Upcoming fundraiser is the Holiday Fantasy this year at Emerald Downs and tickets are available online. Accepting silent auction items. Have monthly giving form online or one time and can specify direction of funds to a specific program. All task force groups and programs are looking for volunteers and participants. All programs are on the website www.RFWellnessFoundation.org. Phone 360-802-3206. Located on Cole Street next to Courier Herald. Contact Rene' at email renep@RFwellnessfoundation.org.

Coalition Business: Monica shared that youth forums are in the process of being scheduled at Glacier Middle School, White River High School and with the Youth Advisory Board at the Youth Center. 10 volunteers are needed at each school on the date of the forums. More information will be sent via e-mail and you will be able to sign up to volunteer.

Announcements / Networking:

Monica Robbins, RFWF – Partnering with Enumclaw SD for three part parent series, Parenting Digital Citizens starts this Wednesday. On March 1st Jason DeShaw will present an evening parent program. In May, there will be a panel of speakers from the Not One More Foundation focusing on recovery and resources for drug and alcohol issues. Sue Z. Hart, Building Beyond the Walls – Provides free construction training and participants give back community volunteer hours. January 8th begins 8-week Saturday class and another begins May 5th. Seeking organizations to provide lunch at a class and share how class participants can give back with their organization. Have fishing booth at

Boos & Brews event right now. Seeking organizations who would like a small building or playhouse. 425-346-2064 sue@buildingbeyondthewalls.org.

Todd Hobart, Safe Families – Provide short term host homes for families in crisis to care for their children. Refer a family or volunteer to be a host family. 425-213-6403.

Ann Trullinger - Thanks WRSD and Hugh for large donation of food for backpack program. Ida Marge Guild having holiday bazaar Nov. 17th at Buckley Hall. Bring backpack donations to next meeting.

Donn Lewis, Bonney Lake City Council – 1st Saturday in December is annual Bonney Lake Christmas tree lighting. Gingerbread house contest, Santa, and more activities.

Marvin Sundstrom, Buckley City Council – Council will be discussing lowering the buffer from 1,000 feet to 100 feet for location of a dispensary due to the simultaneous move of daycare center and Mr. Bill's, making them in closer proximity to each other. Everyone is welcome to hear the discussion at 7:00 tomorrow night at Multi-purpose center.

Trip Hart – LYNCKK Group - Enumclaw Rotary Club hosting an End Polio Now promotion, \$10 donation on EnumclawROtary.com for donate button. SoHaPP workshop flyer distributed. Speakers on the first Saturdays at 10:30 at the Library. Book Reads are 3rd Wednesdays from 7 to 8:30 pm.

Eddie Haberkorn – Prairie Ridge Community Christmas Party Dec. 9th noon to 3. Need volunteers. Free dinner on Wednesday night 6pm at Rec Hall is open to all.

Kristy Shafer, PTA State Legislative Assembly was just held. Foothills Elem. PTA does their own backpack program serving over 70 kids in partnership with a church. Donations accepted Foothillselempta@gmail.com. White River Education Foundation just held annual auction with about 180 people at High Cedars. Bully programs were highlighted and money raised for these programs. Relay for Life in transition due to loss of staff partner from American Cancer Society. Will probably be held in Enumclaw in July. Kris39again@yahoo.com.

Leah Haugen, WR Family Support Center – Triple P parenting class had 8 families. Doing energy assistance and access to food. LIHEAP will open December 4th. Now at Wickersham Campus in 200 building Monday 8 – 12:30, Tuesday and Wednesday 8 – 1. Phone 360-829-5883

Susan Nocella, Lutheran Community Services - Meals on Wheels with Lutheran Community Services has no age or income criteria for program access. All meals come frozen. Service all of Pierce County through applications. Agencies offer home care, senior programs and care giver classes. Seeking volunteers for the program. SNOCELLA@LCSNW.org. Agency phone 253-272-8433.

Pat Johnson, Mayor City of Buckley – City working on budget for next year. Buckley tree lighting is Sat. after Thanksgiving.

Julie Bevaart, Interim Recreational Services Director – Buckley Youth Center has free tutoring Mon – Wed from 4:30 to 6. Senior Center having Halloween Costume party on Halloween. Soup Supper 2nd Wednesday of each month at 5 pm is free but bring your own bowl and spoon. Great community event. 360-761-7814.

Leslie Goldberg, Tehaleh Trilogy Senior Service – December 7th event and accepting donations of toys and personal items going to Buckley Fire Dept. Contact Skip Sherwood at sshrwd44@gmail.com.

Joy Cage, Rainier School – AC advisor. Rainier School is hiring compassionate, empathetic, patient individuals with caregiving skills and HS diploma. On www.careers.wa.gov or can visit employment center to complete an application.

Antoinette Graham, Rainier School – Combined Fund Drive kicked off and includes several local organizations.

Jeri Gamblin, JustGive.org - Gamblin Motors doing annual coat drive this year through November 20th. Bring coats to this meeting next month. JustServe.org call amyfowers@hotmail.com to provide your organizations information and community service opportunities online at no cost.

Sara Dubois, Safe Streets – Unites neighbors and communities to come together for neighborhood watch groups. Nov. 4th is Fall Leaders Conference in Tacoma – free. 253-272-6824.

Jeff Flesner, Rainier School – New Superintendent at Rainier School replacing Harvey Perez.

Denise Walker, WRSD – Middle School now being served with weekend food backpacks. Thankful that this program is in the community.

Pat Valentine, Buckley Eagles – Halloween party of Oct. 28th and Christmas Bazaar on Nov. 4th. Free community dinner Wed. Nov 22nd at 5 pm by donation (goes to food bank). All programs open to the community. Community Christmas Dinner on 12/25 from 2 to 5 pm for people who may not have a place to go on the holiday. Great community support.

Monica Gaub, Facilitator – Smile for a Lifetime provides free orthodontic scholarships - flyers distributed. Next scholarships award in March and good time to start the application process.

Next meeting: Monday, Nov. 27th at 3:30 pm at the Buckley Fire Station. Guest speaker is Pierce County Prosecuting Attorney Mark Lindquist who will be talking about elder abuse. Bring backpack food & new or used coats to donate to this meeting. No meeting in December.

Mission: White River Families First Coalition promotes activities and partnerships that support the health and human service needs of individuals, youth and families in order to strengthen White River area communities.